HARBY CHURCH OF ENGLAND PRIMARY SCHOOL - LINK LETTER

Expanding horizons, exploring potential, embracing faith



"Start children off on the way they should go, and even when they are old they will not turn from it." Proverbs 22:6





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Peace, Endurance, Friendship, Compassion, Thoughtfulness, Koinonia

Assembly Focus

This week we have been focusing on the character strength of **CREATIVITY.** To be creative is to use our imagination to realise different ideas and possibilities. To see potential in things, try new combinations and create something new uses creativity. Thinking creatively can push us out of our comfort zone as we may try new or unusual things and consider if these would have the desired effect - such as creativity in cooking, baking and recipe design. Thinking about the different elements that we can put together when designing, making and playing shows creativity - maybe we can make or develop something new and exciting. Expressing ourself creatively through art, dance and drama helps us to explore thoughts and feelings. A creative approach can be about problem solving too. Thinking differently or creatively to find solutions, and working collaboratively to enact these, can enable us to pool our best ideas and share our inspirations. *Next week we will be focusing on the character strength of curiosity*.

Team Points - we will roll this week's over to next week!

Cumulative Total – Spring Term 2025			
Earth	Air	Fire	Water
71	56	53	61

Parents' Evenings

We will be holding our next parents' evenings during the week commencing 17th March. A letter has been sent home about how you can request an appointment time. Please contact the school office if you have not received a letter and we will be happy to help. Thank you.

Belvoir Challenge 2025 – Thank you!

Thank you to everyone for their support with the Belvoir Challenge last weekend. Over 700 entrants took part in the 15 or 26 mile event and the mud was relentless! **Thank you** to the cardboarders, marshals, parking team, sandwich makers, cake bakers, hares and tortoises, route markers and checkers, entry team, food servers, tea and coffee makers, Sunday clean up team – the list of different jobs is huge and **each and every job is important** in making sure that the event is a success and the entrants are safe and well. A big **thank you** to Kate Reeves for her leadership and organisation as Chair of the Friends of the School and **thank you** to all parents, staff, governors, pupils and members of the village community who have given their time and skills so generously to help make this a success. **We are very grateful!** The feedback from entrants has been fantastic. There will be a Belvoir Challenge De-Briefing Meeting coming up soon and we will share the date with you – everyone is welcome!





World Book Day – Thursday 6th March

We loved finding out about your characters!











Moving pictures in Design Technology – making sliders!



Trying pancakes as part of our work about Shrove Tuesday



Top Tips for Terrific Teeth!

Children aged 3 to 6 years

- Brush at least twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and at least on 1 other occasion.
- Parents or carers should brush the teeth.
- Use children's fluoride toothpaste containing no less than 1,000ppm of fluoride (check label) unless a dentist advises family toothpaste containing between 1,350ppm and 1,500ppm fluoride.
- Use only a pea-sized amount of toothpaste.
- Spit out after brushing and don't rinse if you rinse, the fluoride won't work as well.

Children aged 7 and over

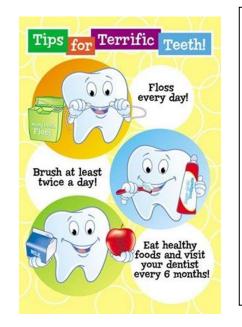
- Brush at least twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and at least on 1 other occasion.
- Use fluoride toothpaste containing between 1,350ppm and 1,500ppm of fluoride (check label).
- Spit out after brushing and don't rinse if you rinse, the fluoride won't work as well.
- Children aged 7 and over should be able to brush their own teeth, but it's still a good idea to watch them to make sure they brush properly and for about 2 minutes.

How to help children brush their teeth properly

- Guide your child's hand so they can feel the correct movement.
- Use a mirror to help your child see exactly where the brush is cleaning their teeth.
- Make tooth brushing as fun as possible by using an egg timer to time it for about 2 minutes.
- Don't let children run around with a toothbrush in their mouth, as they may have an accident and hurt themselves.

Taking your child to the dentist

- NHS dental care for children is free.
- Take your child to the dentist when their first milk teeth appear. This is so they become familiar with the environment and get to know the dentist. The dentist can advise you on how to prevent decay and identify any oral health problems at an early stage. Just <u>opening up</u> the child's mouth for the dentist to <u>take a look</u> at is useful practice for the future.
- When you visit the dentist, be positive about it and make the trip fun. This will stop your child worrying about future visits.
- Take your child for regular <u>dental check-ups</u> as advised by the dentist.



Simple ideas for encouraging reluctant brushers!

- Try a short song there are some 2-minute songs on YouTube such as the Hey Duggee toothbrush song that you can put on whilst your child brushes their teeth.
- How about a simple reward chart? Your child can tick or put a sticker on each time they have brushed their teeth. Rewards can be free, such as having a family movie night or having a garden picnic.
- This is a device that has a light that is on for 2 minutes, it also has a 20-second function to encourage super handwashing too! <u>https://amzn.eu/d/c1yP26K</u>



Mrs Sibson is fundraising!

"Throughout an extraordinary 9 day tour in May/June 2025, the Hockey for Heroes men's and women's squads will undertake an ambitious challenge, Operation Peace Finder. They will strive to complete a cumulative total of 2,029,201 metres of fitness racing - equating to one metre for each veteran currently living in the UK. In addition, the teams will play 54 hockey matches, aiming to raise a fundraising target of at least £70,000. This commitment reflects our deep engagement in the mission of Hockey for Heroes: to raise as much money as possible for Help for Heroes.

Help for Heroes stands as a beacon of hope for our veterans every day, delivering lifechanging support that re-builds lives. The importance of their work cannot be overstated, and Hockey for Heroes is resolutely dedicated to amplifying this critical mission. This isn't just their fight – it's ours, too.

We draw inspiration from Help for Heroes' campaign, The Veterans War - Fighting for the peace they deserve, which underscores the sacrifices made by our brave veterans. This challenge embodies the very essence of Hockey for Heroes: a relentless pursuit to generate meaningful support for Help for Heroes."

If you would like to support me then you can do so by clicking <u>here</u>!

Any support would be amazing, whether a donation of any amount, or just a check in on training efforts between now and the tour. I'll also be taking on some smaller challenges between now and May, including a skydive, and I'm open to any challenges in return for sponsorship!

It's definitely not going to be an easy one, and I can't promise that I'll be walking by the time we return from half term, but it's a very worthwhile sacrifice to help such a fantastic cause!

Thank you, Mrs. Sibson



Once a Week Take a Peek!

We are promoting the Once a Week Take a Peek campaign, which offers parents and carers guidance on how to check and treat their child's hair for head lice.

We encourage parents and carers to read the easy-to-use guide and to incorporate regular checks for head lice into their routine.

The Once a Week Take a Peek campaign has been produced by Hedrin in association with the Medical Entomology Centre, a world-leading authority on head lice.



Visit <u>http://www.onceaweektakeapeek.com/</u> to access the online guidance.

Next week in school: Monday 10th March: Tuesday 11th March: Wednesday 12th March: Thursday 13th March: Friday 14th March:

Science Week this week!

Year 6 to sing at the Melton Proms

Recorder Club after school cancelled due to a meeting Sky Dance event at Melton Theatre

Dates for the diary:

New / updated dates in red 17th March – Parents' evenings this week – *a letter has been shared* 21st March – Comic Relief in school – 80's dress up! 11th April – School closes for the Easter holiday 28th April – School opens for the summer term 5th May – Bank holiday – school closed 12th May – Year 6 SATS week this week 16th May – Year 6 Gala Dinner save the date! 23rd May – School closes for the half term holiday 2nd June – School opens for the second half of the summer term 2nd June – Multiplication tables check window for Year 4 this week 9th June – Phonics screening check window for Year 1 this week 9th July – Summer performance at the Village Hall – change of date 10th July – Leavers' Service at St. Mary's Church, Harby 11th July – School closes for the summer holiday

We hope you all have a lovely weekend!