

Autumn 1 Key Knowledge – Getting To Know You

In the Early Years Foundation Stage we want all children to acquire key foundational knowledge alongside their phonic/literacy and mathematical knowledge. Below are the essential 'roots' we have identified our children need to have success in the next stage of their education and in later life based on this half term's learning/topic.

I can name different emotions and talk about how I am feeling.

I know that all feelings are okay and that there are ways to help me manage big emotions.

I know that my senses help me notice, investigate, and understand new things.

I can use my five senses to explore and learn about the world around me.



I can explain what makes me unique and special.

I know that I belong to a class, a school, a family, and a community.

I know how to keep my body healthy through exercise, hygiene, healthy food, rest, and making safe choices.

I can be kind, respectful, and helpful to others so that everyone feels they belong.

Autumn 1 Key Knowledge & Skills – Getting to Know You

Physical



I can move my body in different ways with control and coordination.
I can balance and travel safely when playing and learning.
I can use tools such as brooms, brushes and wheelbarrows to help with outdoor jobs. I can use my hands and fingers to complete small, precise tasks.

Personal & Social



I can use simple ways to help myself feel calm.
I can be kind, caring and helpful to others.
I know what makes a good friend.
I can work and play with others, taking turns and sharing.
I can be brave and independent when trying new things.

Understanding the World



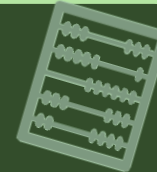
I can talk about my family.
I can talk about how I have changed since I was born.
I understand that families can be similar and different.
I know who helps me at school and at home.
I can name my five senses.
I can use my senses to explore and learn about the world.
I know some ways to keep my body healthy.

Literacy



I can recognise my name.
I can hold a pencil in a tripod grip.
I can recognise some graphemes from Phase 2.
I know that books tell stories and give us information.
I can join in with repeated words and phrases in stories.
I can use marks, drawings and early writing to share my ideas.

Maths



I can count objects carefully.
I can recognise some numerals.
I can show how many using objects and my fingers.
I can compare groups and say which has more or fewer.
I can sort objects into different groups.
I can spot and continue simple patterns.

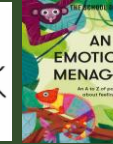
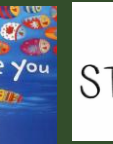
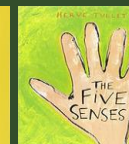
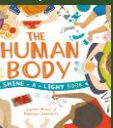
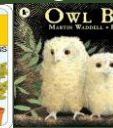
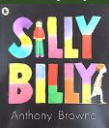
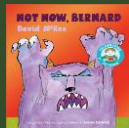
Essential Vocabulary



I know the meaning of these words -

- Family
- Friendship
- Belong
- Community
- Home,
- Unique
- Kind
- Feelings
- Emotions
- Calm
- Worried
- Excited
- Body
- Caring
- Brave
- Confident
- Healthy
- Hygiene
- Senses
- Safe

These books will help support my learning about inspirational people.



Our Focus Character Strengths or Christian Values:

Focused

Calm

Behaviours for Learning

Curious

Creative

Optimistic

Self-Control

Adaptable

Enthusiastic

Open-minded

Expressive Art and Design.



I can draw a picture of myself with some features included.
I can create pictures of my family, friends and experiences.
I can explore and use different colours.
I can choose materials to make and create.
I can use scissors, glue and other tools safely.
I can talk about what I have made.