



Medium Term Plan Spring Term 1 ~ Getting to Know Our World



	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6
Week Com.	05.01.2026	12.01.2026	19.01.2026	26.01.2026	02.02.2026	09.02.2026.
Focus	Animal groups	Equator, rainforests habitat and wildlife	Polar regions and animals	Deserts/ savannah and wildlife	Oceans, streams and rivers, fish and amphibians	Reptiles
Character Strength	Optimistic					
Phonics R	Phase 3	Phase 3	Phase 3	Phase 3	Phase 3	Recap and Assessment
Phonics Yr 1	Phase 5	Phase 5	Phase 5	Phase 5	Phase 5	Recap and Assessment
Maths R	Alive in 5		6, 7, 8	Measurement: weight, capacity, length, height, time		Odd and Even
Maths Yr 1		Place value within 20		Volume & Capacity		Length & height
English			Handwriting, CVC word writing and simple sentences			
			Sentence writing, securing the basics. Extending writing and including adjectives. Non-Fiction Writing			
			DANCE			
PE	Know how each body part can move	Count to 8 to stay in time Move to the beat	How to use high, medium and low levels in dance to help to make it look more interesting.	Move to the beat. Make observations to help to remember the order of the actions.	Move to the beat. Understand how to use large, clear movements to help to tell the story.	Count to 8 to help you to stay in time. Watch others to help you to remember the order of the actions
RE	Who is Allah and why is Allah so important to Muslims?	Who is Prophet Muhammed and why is he important to Muslims?	What do Muslims believe about caring for others?	What do Muslims do to say thank you to Allah for the world?	What do Muslims do to say thank you to Allah for the world?	
ICT			Using Purple Mash to take part in different Quizzes			
PSHCE	Elmer I like the way I am	Recognising emotions	Managing emotions	Being assertive	Calming and relaxing	
Science	Pre-assessment	Rainforest Animals, birds & insects	Animals & birds that live in cold places	Desert / savannah animals, birds and insects	Oceans, streams and rivers: fish and amphibians	Reptiles
			Animals			
Art		2D images of plants and flowers		3D representations of flowers and plants		Valentine's day inspired art Chinese New Year Horses
Geography	Locating and naming the 7 continents	Where is the Equator? What is it like to live in a hot country?	Where are the coldest places on Earth?		Where would you prefer to live? A hot country or a cold country?	
Religious celebrations & special events	5 th Twelfth Night 6 th Epiphany	13 th Lohri	20 th Penguin Awareness Day 23 rd National Handwriting Day	31 st International Zebra Day	5 th Time to talk day 6 th NSPCC Number Day	10 th Safer Internet Day 11 th International Day of Women & Girls in Science 14 th Valentines Day Chinese New Year during Half Term