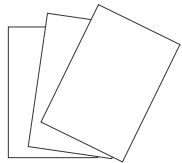




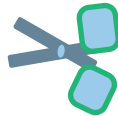
## Friday 20th March

Did you know that today is International Day of Happiness?

For today's #daily play, you will need:



1. A piece of paper



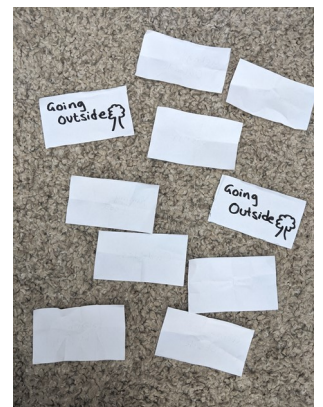
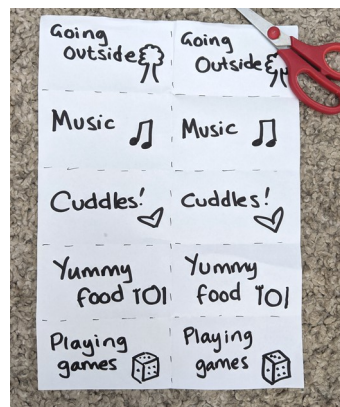
2. A pair of scissors



3. A pencil or pen

### Time to play!

1. Divide your paper into 10 sections
2. Think of 5 things that make you happy
3. Write or draw each word or picture twice, one in each section
4. Cut up the paper into the 10 sections
5. Turn all 10 pieces upside down and shuffle...
6. Take it in turns to try and find pairs!



### Let's talk!

- Q) How many pairs do you have?
- Q) Do you remember where that word is hiding?
- Q) Which of these things makes you the happiest?

When you're done, why not pop the cards into a jar and make your own 'happiness jar' to pick one thing from each day?



### ...Some other words for happy!:

Ecstatic	Thrilled
Cheerful	Pleased
Elated	Merry
Overjoyed	Jubilant

### Working together

When we play games like this, I am learning how to follow instructions and take turns. This is an important skill that helps me to work well with others at home and school.



Investigate, invent, imagine, share @BoromiHQ   

